

# What is the Independent Rights Advice Service (IRAS)?

**IRAS is a new service that connects involuntary patients in BC with Rights Advisors. Rights Advisors explain your rights, answer questions, and provide options.**

## Independent

Rights Advisors do not work for the government, facility, or healthcare team.

## Confidential

- ▶ Rights Advisors meet with you in private and they don't share what you talk about. You may invite a support person to your Rights Advice meeting.
- ▶ For minors, Rights Advisors can answer questions about your parents'/guardians' involvement in your treatment.

## Free

- ▶ You can meet with a Rights Advisor free of charge.
- ▶ You can tell your healthcare provider when you want to meet with a Rights Advisor.
- ▶ Meetings are by phone or video-call. In-person meetings are available in some locations. The facility must provide a private room suitable for the meeting.

As the service grows, there will be more ways to access a Rights Advisor.

**[irasbc.ca](http://irasbc.ca)**

